

John Hood - guitars, harmonica and synth

1. High Five(4:13)
2. Rice (5:38)
3. Harvey Mandel (5:49)
4. Mr Burnett (2:52)
5. Preaching The Blues (3:11)
6. Something About The Blues (2:02)
7. Fourteen Generations (8:53)
8. Giverny Blues (5:53)
9. 1969 (5:40)
10. Centurion Blues (2:52)
11. Blues For John Lee (8:06)
12. Fundamental Groove (3:37)
13. Last Night (6:04)
14. Walking With Walter H. (2:07)
15. Gymnopedie in Blue Water (5:45)
16. The Repentance of Robert Johnson (8:22)
17. Twelve Bars of Blue (1:34)

Total Time 78 minutes

I have recently written an autobiography. The experience led me to examine my blues roots so I have put this compilation together to showcase some disparate blues-based guitar and harmonica styles from my previous albums. The tracks 'Last Night' and 'Twelve Bars of Blue' are performed with Paul Daly and The Fundamentals. Cover photo by George Matzkov.